



HOCKEYKONTOR STOCKHOLM GOTLAND

Inbjudan till fortbildning inom Barn & Ungdomsspåret

Tema: Progression i teknikträning för ungdomsspelare

Hockeykontor Stockholm-Gotland bjuder in till en fortbildningskurs för barn och ungdomsspåret. Kursen riktar sig till tränare som är verksam på U9-U16-nivå.

Utbildningen är ett samarbete mellan Hockeykontor Stockholm-Gotland, Svenska ishockeyförbundet, NHL och NHL Coaches Association. Under dagen så kommer Ryan Pollock och Dave Schultz genomföra fyra ispass med varierande åldersgrupper med inriktning på tekniska färdigheter och progression genom ungdomsåren. Ryan och Dave kommer vara micade på isen för att kunna berätta vad de gör och varför.

Datum: Lördagen den 15 november

Tid: 12.30-18.00

Plats: Stora Mossen

Målgrupp: Tränare verksamma på ungdomsnivå U9-U16.

Kostnad: 1000 kr, betalas mot faktura

Fika ingår under dagen (lunch/middag ingår ej)

Utbildare: Ryan Pollock och Dave Schultz (Läs mer om utbildarna på nästa sida)

Anmälan: Senast den 9 november via följande länk:

<https://educationwebregistration.idrottonline.se/home/index/2128480>

Frågor, kontakta:

Matheus Vieweg, Sportansvarig

073-530 58 82, Matheus.vieweg@ishockeyforbundost.se

Varmt välkomna!



Innehåll:

By attending this clinic, you will see four different ice sessions which take coaches inside a player's skating development journey that can be applied as a structured practice to teach any hockey skills – from static learning to slow speed, fast speed, with pucks and with passes. You'll learn how to teach relevant skating foundations, transitions, fast starts and overspeed techniques that connect mechanics to real game performance.

Each session breaks down skill acquisition step-by-step – starting with technique and advancing through guided repetitions and finishing with game situation application.



Ryan Pollock:

Ryan Pollock grew up playing minor hockey in his hometown of Regina, Saskatchewan before embarking on a three-year junior career in the America West Hockey League with the Great Falls Americans (1997-2000). While with the Americans, Ryan was coached by former Swedish national team coach, Rikard Gronborg, and departed as the franchise's all-time leading scorer. Ryan returned home to play Canadian University hockey with the University of Regina (2000-2005) where he graduated as the program's 12th all-time leading scorer. Ryan then spent one season (2005-2006) in Sweden's Div. 2 with Boro VHC.

Following his playing days, Ryan coached in the Alberta Junior Hockey League for five seasons before returning to his hometown to raise his family. Ryan owns and operates RP Athletes where he focuses on developing well-rounded players on and off the ice.



David Schultz:

David Schultz spends his life on the ice. He works full time as a skating coach in the sport of figure skating where he has trained National Champions and Junior World competitors. He is the High Performance Director for Skate Canada Saskatchewan where he manages the High Performance program for all of Saskatchewan's top figure skaters.

In 2015 he founded Schultz Power Skating where he has worked with hockey players of all ages from U9 to recently drafted NHL prospects. David is also a learning facilitator for the only nationally (Canada) recognized Power Skating Program where he trains and develops future power skating coaches.